	WORKSHEET 1: PERSONAL REALITY CHECK											
		1	1	W	here	эI						
			Where I Am Now			Want To Be						
		1	2	3	4	5	1	2	3	4	5	
1.	Physical											
	Medical Check-up											
	Nutrition											
	Exercise											
	Weight Control											
	General Health											
2.	Family				1							
	Good Role Model											
	Effective Listening Habits											
	Forgiving Attitude											
	Supportive of Others				L							
L	Respectful											
<u> </u>	Loving											
3.	Financial	-		1	1	1	1					
	Earnings											
	Savings											
	Investments											
	Budget											
	Credit Management											
4	Social											
4.	Sense of Humour	1			1	1	1					
	Self-confidence											
	Manners											
	Caring											
	Carling											
5.	Spiritual					1						
0.	Inner peace											
	Sense of Purpose											
	Prayer / Meditation											
	Study											
	olddy											
6.	Mental											
<u>J.</u>	Imagination											
	Attitude					1						
	Learning					1						
	Reading					1						
	Curiosity					1						
		1		1	1	1	1	1	1	1	1	
7.	Business/Career											
<u> </u>	Satisfaction											
	Effectiveness											
	Training											
	Competence						1					
	Opportunity For Growth					1						
			l	L	I							

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